



ABSOLUTE
MEDICAL SERVICES
POWERED BY **SMILE ON**

CORPORATE HEALTH SERVICES

ABSOLUTE MEDICAL SERVICES / SMILE ON MEDICAL LISAROW



Corporate Team Direct Line: 02 4328 5213

Email Dearne at: management@absolutemedicalservices.com.au

Our story:

At Absolute Medical Services our experienced health professionals strive to provide high quality, comprehensive medical care for our corporate clients. We have been meeting the health care needs of patients, families, and corporate clients since 2005 on the Central Coast of NSW. We aim to provide evidence-based, tailored medical care for organisations and their workforces.

Our team takes pride in our culture of experience, prevention, education, and reputation. Our clients benefit from the experience and approachability of our Corporate Medical Director, Dr Ryan Metcalfe.

At Absolute Medical Services we work closely with Lisarow Physiotherapy, and we are supported by on-site pathology services.

Our point of difference:

We understand that employees' health is increasingly important to business costs and efficiency. Injured and sick employees significantly impact organisations in terms of productivity loss, leave costs and rising insurance premiums. Our focus is not only on acute management but also evidence-based medicine and preventative healthcare. We strive to assist employees improve their overall health and wellbeing whilst collaborating with employers to improve workplace health and safety.

Our corporate health services include:

- 8 General Practitioners
- Experienced nursing staff including accredited vaccination nurses
- Access to on-site physiotherapy (Lisarow Physiotherapy)
- Same day appointments available for critical care
- Direct line to our Corporate Services Manager

Why Absolute Medical Services?

- Proven experience
- Competitive prices
- Convenience and extensive services
- No middleman- direct services available

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Corporate Service

Pre employment medicals

- For all sectors including construction, mining, hospitality, retail, transport and logistics, healthcare, infrastructure, rail and more.
- Dr Metcalfe and his team can design a medical to suit your company's specific needs.

Corporate Services and executive health management

- Health and wellbeing, skin checks
- Vaccinations (travel, influenza vaccinations, Q-fever and accredited yellow fever vaccination centre)

Drug and Alcohol testing

- On-site drug and alcohol testing
- Laverty pathology onsite (chain of custody testing)

Rail medicals

- Category 1, Category 2 and Category 3 medicals

Surveillance medicals

- Asbestos and dust disease medicals (ILO chest X-Rays available with radiology clinics with rapid turnaround)
- Spray painter medicals, isocyanate medicals
- Fitness to climb medicals.
- Confined Space medicals

At Absolute Medical Services we pride ourselves on professional, high quality and competitive corporate care.

Corporate services continued

Commercial Licencing requirements

- Medicals for commercial and heavy vehicle licences
- Basic fatigue management
- Dangerous goods medicals

Specific Services and testing

- Spirometry (lung function testing)
- ECG
- Audiometry (hearing tests)
- Onsite urine drug testing and chain of custody testing throughout associated pathology (AUS/NZ 4308:2008)
- Alcohol breath testing
- Visual screening
- Basic musculoskeletal assessments and functional assessments using associated allied health (Lisarow Physiotherapy)

Workers compensation Services

- In normal circumstances we can accommodate same day appointments
- Minor trauma care – wound care, laceration repairs
- Prompt reporting
- Consultative care

Contact reception on 02 4328 5200 to make a booking

"Our priority is early return to work focusing on individualised return to work plans. We encourage communication with the worker's employer awaiting the process whilst maintaining a patient centred focus."



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Meet our Doctors:



Dr Ryan Metcalfe

General Practitioner – MBBS – (USyd), BSc (Adv), FRACGP

Dr Metcalfe studied medicine at the University of Sydney, graduating in 2009. He gained his post graduate experience on the Central Coast, obtaining his Fellowship of the Royal Australian College of General Practitioners (FRACGP) in 2013. He has worked with Absolute Medical Services since 2012. Ryan has strong connections on the Central Coast and remains involved with the Terrigal Trojans Rugby Club. He is married and busy with 4 young children.

Dr Metcalfe is experienced in the field of Occupational Medicine, leading the team at Absolute Medical Services. His other interests include Paediatrics and Family Medicine, minor procedures and teaching. He is an accredited RACGP Registrar supervisor.



Dr John Schulze

General Practitioner – MD, Dip RACOG, FRACGP

Dr Schulze has been a General Practitioner on the Central Coast since 1982, joining Gosford Family Medical Practice and eventually becoming Practice Principal in 2002. With a background in obstetrics and anaesthetics in England, Vancouver and Sydney, John's vision for a "leading edge" medical centre saw the establishment of Absolute Medical Services in Lisarow in 2005.

John established a corporate medicine interest in his early days on the Central Coast, recognizing the importance of occupational health and its ramifications for the whole patient and their employer. Gosford Family Medicine was one of the first practices to offer these services on the Central Coast. At that time, John was also engaged as an Injury Management Consultant, honing his knowledge and prowess to help patients achieve their best outcomes. When AMS came to life in Lisarow, John's mission was to offer corporate medicine services for the benefit of both employees and their employers.

John has devoted his life and career to general practice and isn't resting on his legacy, just yet. He also maintains an avid interest in diabetes and obesity related conditions, skin cancer (he was a co-founder of the Skin Cancer Clinic in East Gosford), men's health and neonatal and family medicine. Recently transitioning to part time consulting, when not at AMS, John can be found enjoying the great outdoors often in the company of his grandchildren or dogs.



Dr Ellis Vivian

General Practitioner MBBS, FRACGP

Dr Vivian completed his medical graduation and post-graduation in India, and worked as an Orthopaedic Surgeon for 12 years in Mission Hospitals before immigrating to Australia. Here he successfully completed AMC exams towards General Registration and worked in the Emergency Departments on the Central Coast for 6 years, before undertaking RACGP training towards Fellowship. His Fellowship training included working in remote communities as well as in mainstream clinics.

Dr Vivian's areas of interest are obesity and its management, diabetes management and reversal, skin cancer surgery and lifestyle medicine. He has equipped himself with further training and qualifications in these areas Dr Vivian lives on the Coast with his wife and two sons and spends his spare time enjoying playing musical instruments, riding motorcycles and taking part in church activities.



Dr David Daoud

General Practitioner

Dr. David Daoud is a dedicated general practitioner with a passion for providing comprehensive care to his patients. He has a particular interest in chronic disease management, caring for elderly patients, performing minor procedures, and addressing mental health concerns. Dr. Daoud completed his bachelor's degree in medicine in Egypt with honors and has been practicing on the central coast since 2016. In his practice, he strives to create a welcoming and supportive environment for his patients, where they feel valued and heard.

Dr. Daoud believes in the importance of building strong relationships with those under his care, working collaboratively with them to improve their health and well-being. Outside of work, he cherishes spending quality time with his family. Dr. Daoud believes that maintaining a healthy work-life balance is essential for overall well-being and happiness. He is grateful for the opportunity to serve the community on the central coast and is committed to providing the best possible care to his patients. Dr. Daoud looks forward to continuing to make a positive impact on the lives of those he has the privilege to care for.



Dr Imogen Bertok

General Practitioner – M.D – (USyd)

Dr Imogen did an undergraduate Bachelor of medical sciences before graduating from the University of Sydney with a Medical Doctorate in 2019. She has spent the last few years living and working as a doctor on the Central Coast.

Dr Imogen enjoys the balance between work and life that being a GP allows and is passionate about providing compassionate and patient-focused care to people from all walks of life.



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Contact us for all your corporate services



Dearne Orr
Corporate Manager

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Practice Details:

Shop 21 Lisarow Plaza 1 Parsons Road
Lisarow NSW 2250

Reception (02) 4328 5200

mail@absolutemedicalservices.com.au

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Opening Hours:

Monday	7:30am	-	6:00pm
Tuesday	7:30am	-	6:00pm
Wednesday	7:30am	-	6:00pm
Thursday	7:30am	-	6:00pm
Friday	7:30am	-	6:00pm
Saturday	8:30am	-	1:00pm
Sunday	Closed		